

Cognitive Testing

Cognitive testing is used to establish a baseline for brain health and allows for tracking results over time.

Why am I having this test? Utilizing a baseline cognitive assessment allows you and your provider to take a proactive approach to preserve your brain health and to promote peace of mind.

What can I expect? This test is conducted on a computer in our office and is monitored by a medical assistant. You will complete a series of fun, interactive tests that are then interpreted and compared to a norm to provide objective scoring.

Who performs the test? You, the patient, will complete this test on your own. A medical assistant will set the assessment up on the provided computer and will remain with you while you complete the tasks.

How long will it take? Your test will take no more than 20 minutes.

How do I prepare for test? You may take medications as prescribed and eat/drink like normal. You do not need anyone to accompany or drive you to the appointment and no one is allowed to be in the room with you during testing – we need to ensure that you are not distracted which could skew the results.

How do I get results? The results will be sent to your provider who will interpret the data and determine the next step in your care plan.

What does it cost? Insurance coverage of testing varies, however, the maximum out of pocket is \$341. Our business office will contact you prior to your appointment to give you a cost estimate so you can be prepared to pay for the assessment the day of your visit.

If you have any questions concerning your test, please contact us via the patient portal (a link is available at the top of our webpage) or call us at 817-267-6290.