

Neuropsychological Testing

Neuropsychological evaluation will help your doctor better understand how your brain is working. While MRI or CT scans can show us *what* the brain looks like, they cannot tell us *how* the brain is actually working. In order to find out how your brain is processing information, we have to make you think. A neuropsychological evaluation does just that, it makes you think.

Why am I having this test? Neuropsychological testing is used to assess the cognitive, behavioral and emotional changes resulting from brain injury, stroke and/or dementia. It helps with identifying and confirming diagnoses, and is important for treatment recommendations such as speech therapy, cognitive rehabilitation, and/or adjustments to daily routines.

What can I expect? During the evaluation you will be comfortably seated in front of a desk and the neuropsychologist will be seated across from you. You will be provided with rest breaks, as needed. Although some patients may initially experience mild anxiety about being “tested,” this anxiety usually quickly fades as the assessment progresses and you become more comfortable with the examiner. We encourage you to bring someone who is involved with your day to day care to the appointment with you.

Who performs the test? A Neuropsychologist will conduct the evaluation.

How long will it take? The typical evaluation will take between 2-4 hours and you will be provided with rest breaks as needed.

How do I prepare for test? You cannot study for a neuropsychological evaluation, and it is important that if you wear glasses or hearing aids that you bring them to the appointment. Additionally, if you are taking a medication for attention deficit disorder, please *do not* take that medication on the date of your appointment. All other medications should be taken as prescribed.

How do I get results? Scoring the tests and writing the report takes a significant amount of time. A follow up appointment will be made with your provider for 6 weeks after the test date to go over the results.

What does it cost? Insurance coverage of testing varies; it may be covered under your office visit co-pay. ***Our office will contact you 2-3 weeks prior to your appointment to give you a cost estimate. 3 days prior to the appointment, we will call to confirm the appointment and to collect a deposit of \$100.*** If the appointment is kept, the deposit will be applied to the cost of the assessment. If the appointment is not kept, the deposit will be converted to a no show fee. If an additional balance is due, we will collect it when you check in. Additionally, if a refund is due, it will be processed when you check in.

If you have any questions concerning your test, please contact us via the patient portal (a link is available at the top of our webpage) or call us at 817-267-6290.