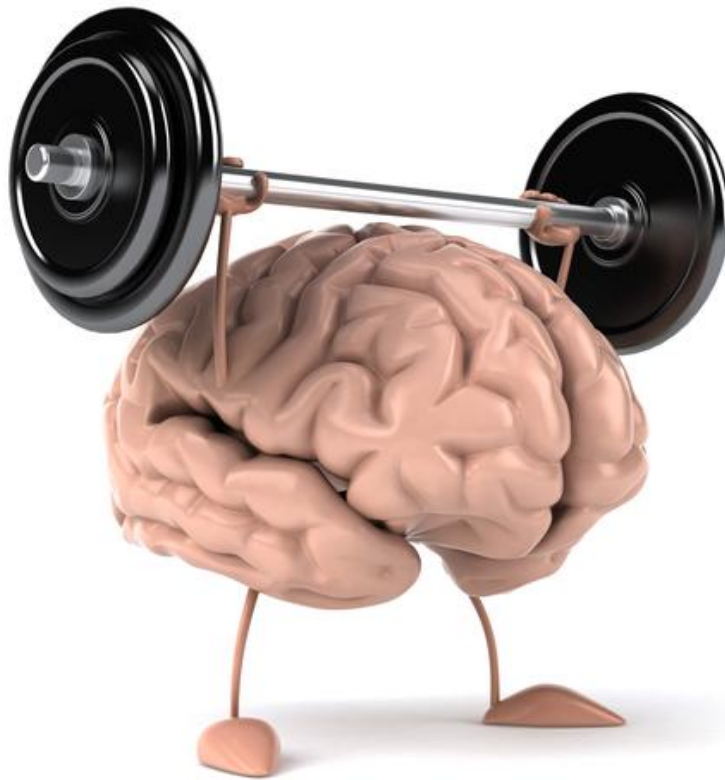


# Mental Calisthenics

(4)



**Patient's Name:**

**Date:**

# Check Writing

**Calculate the ending balance for the check register below:**

Number	Date	Transcription Description	Payment/Debit (-)		Deposit/Credit (+)		\$ 2,143.34
225	1/01	Walgreen's	\$50.	23			\$2,093.11
226	1/02	Tom Thumb	\$101.	22			\$1,991.89
	1/03	Rebate			\$25.	00	\$2,016.89
227	1/04	Home Depot	\$ 75.	14			
228	1/04	Shear Cuts	\$ 35.	96			
229	1/05	Pizza Hut	\$ 24.	65			
	1/07	Deposit			\$234.	76	

# Stretch Your Imagination

**Name four things that are small enough to fit in a medicine bottle.**

**Name four things that hop.**

**Name four things that are bigger than your room.**

**Name four things that can be folded in half.**

**Name four white things that can be poured.**

**Name four things that can crack.**

**Name four things that you wear on your head.**

**Name four things that live in water.**

**Name four forms of transportation.**

**Name four different uses for a thumb tack, pencil, and paperclip.**

**Name four different pieces of clothing.**

**Name four things that are kept in a refrigerator.**

# **Survivorman**

## **South Pacific Island**

### **Description:**

**6 square miles, mostly coastline, small volcanic hill with small cave—cave is up a 500 foot steep incline above beach, 1 small lagoon**

**Coconut palms**

**Banana trees**

**Bamboo**

**Feral hogs**

**Assorted shore birds (gulls, terns)**

**Land crabs**

**Rats**

**Various insects, spiders**

**Average temperature 80 degrees (84 degrees during the day, 76 degrees at night), daily rain showers (20 minutes in duration)**

### **Supplies:**

**4' x 4' plastic poncho**

**1 tube of Pepsodent toothpaste**

**6 pack of Coca Cola (cans)**

**3 packages Tomm's peanut butter crackers**

**1 pair scissors**

**1 spool of 25 lb test monofilament fishing line (200 yards)**

**4 paperclips**

**2 large safety pins**

**1 pair cotton socks**

**1 flashlight with batteries**

### **Goals:**

**Create a source of fresh water with storage.**

**Make a fire.**

**Catch some food.**

**Build a shelter.**

**Build a rescue signal.**

# Iconic Photos

**Describe the events that occurred in these photographs:**



# **Verbal Fluency**

**Write down as many words as you can think of that  
begin with the letter “R”:**

**Write down as many words as you can think of that  
begin with the letter “H”:**

# Logic Puzzle

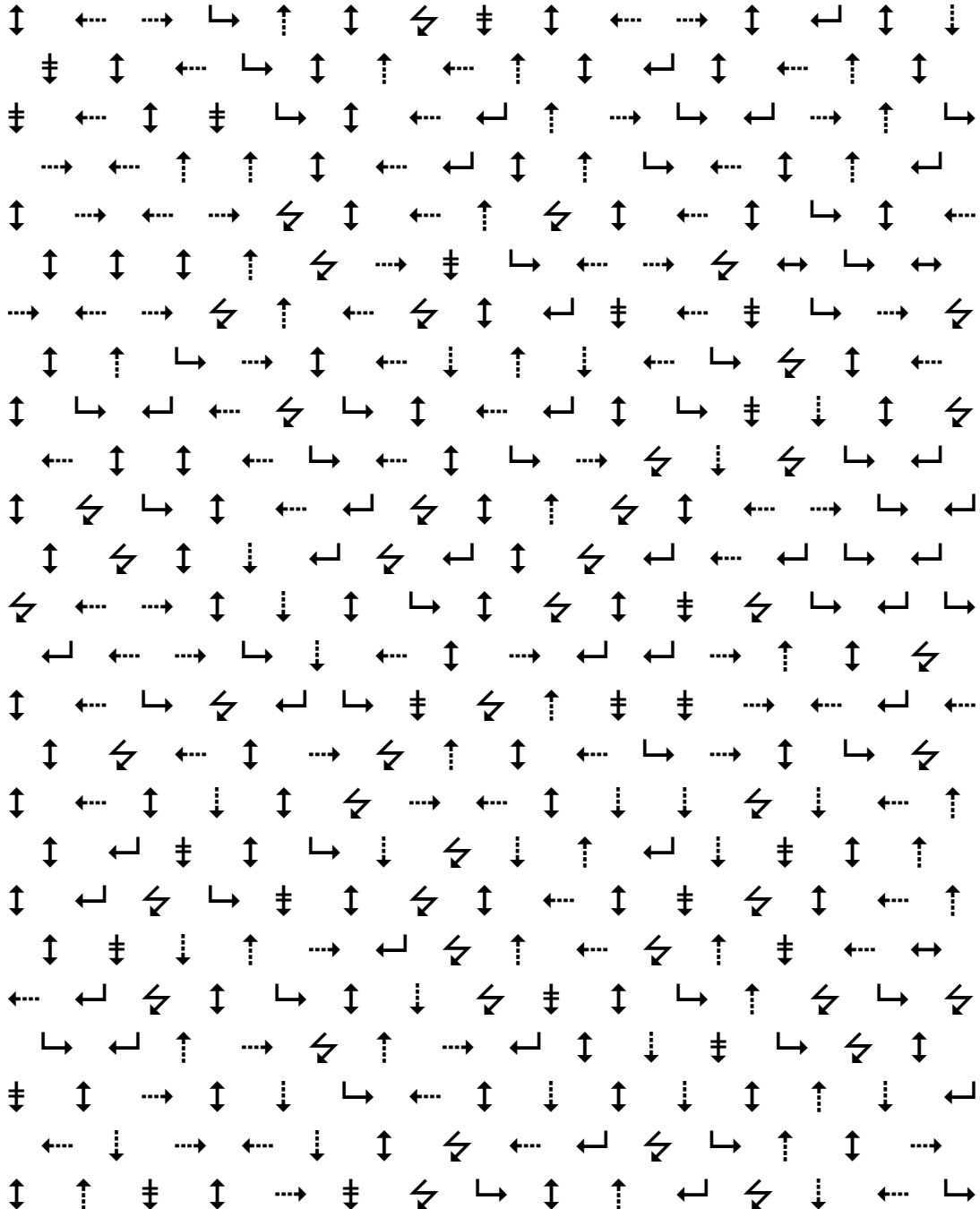
**Four children weigh different amounts. Figure out who weighs what amount.**

- 1) Allen weighs more than Dan**
- 2) Sue weighs less than Mary**
- 3) Sue weighs 20 pounds more than Dan**
- 4) Mary weighs more than Abe**

	<b>80 pounds</b>	<b>90 pounds</b>	<b>100 pounds</b>	<b>110 pounds</b>
<b>Allen</b>				
<b>Dan</b>				
<b>Mary</b>				
<b>Sue</b>				

# Target Cancellation

Targets: ↑ ←



**Draw each of the symbols used above, only draw each symbol once:**



# Completing Similes

**Blind as a** \_\_\_\_\_

**Sure as** \_\_\_\_\_

**Busy as a** \_\_\_\_\_

**Clean as a** \_\_\_\_\_

**Cold as** \_\_\_\_\_

**Clear as** \_\_\_\_\_

**Crazy as a** \_\_\_\_\_

**Sweet as** \_\_\_\_\_

**Dead as a** \_\_\_\_\_

**Deaf as a** \_\_\_\_\_

**Dry as a** \_\_\_\_\_

**Ugly as a** \_\_\_\_\_

**Easy as** \_\_\_\_\_

**Fast as** \_\_\_\_\_

**Fit as a** \_\_\_\_\_

**Flat as a** \_\_\_\_\_

**Happy as a** \_\_\_\_\_

**Hard as a** \_\_\_\_\_

**Strong as an** \_\_\_\_\_

**Light as a** \_\_\_\_\_

**Mad as a** \_\_\_\_\_

**Thin as a** \_\_\_\_\_

**Neat as a** \_\_\_\_\_

**Nervous as a** \_\_\_\_\_

**Playful as a** \_\_\_\_\_

**Poor as a** \_\_\_\_\_

**Sure as** \_\_\_\_\_

**Proud as a** \_\_\_\_\_

**Tough as** \_\_\_\_\_

**Quite as a** \_\_\_\_\_

**Sharp as a** \_\_\_\_\_

**Slippery as an** \_\_\_\_\_

## Word Bank:

**Peacock, bat, church mouse, hatter, rock, post, bee, ox, pin, pancake, kitten, mud fence, pie, lark, rock, mouse, eel, loon, sugar, crystal, whistle, cat's tail, shoe leather, tack, death, bell, fox, doornail, bone, lightning, fiddle, lark, feather, rail, death and taxes**

# Pill Box

**You are going on a week long vacation, so you want to pack your medications in a weekly medication organizer. Where would you put each pill for the instructions below (Draw a colored circle to represent the pill)?**

	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Morning							
Noon							
Evening							
Night							



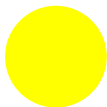
= take one pill in the morning



= take one pill in the evening



= take two pills twice a day with breakfast and dinner



= take one pill three times a day



= take one pill every other day